

January-February 2018

SATURDAY STEADY TO BRISK Ride Schedule

Note: Saturday Rides and Winter Weather

We're tough, but not altogether fond of hours of discomfort. If the roads are snowy, call the leader to confirm that the ride is happening.

January 6 See snowshoe/ski trip page

January 13 See snowshoe/ski trip page

January 20 See snowshoe/ski trip page

January 27 Bike and Hike in Dishman Hills area Start: 10:00 am Meet: Starbucks on 57th
Pace: 12+ Distance: 11 miles Terrain: hilly. Description: Short bike ride to Dishman Hills' Thierman Rd trailhead. Potential 5 mile out-and-back, with distance dependent on weather. Trail is hilly – trekking poles suggested, maybe snowshoes depending on weather. Bring a lock for your bike, as we will lock up at the trailhead entrance. Eat: bring pocket snacks. Leader: Sally Phillips 448-6271.

February 3 South Hill Neighborhoods, Baltimore Start: 10:00 am Meet: The Scoop, 1001 W. 25th. Pace: 12-14 mph Distance: 23 miles Terrain: some small hills, plus one long one on Baltimore. Regroup at turns. Description: High Drive, Hatch, 63rd, Palouse Hwy, Valley Chapel, Hangman Valley (**gravel**), Baltimore, 57th, Crestline. Eat: bring pocket snacks. Leader: Sally Phillips 448-6271

February 10 Valley Ramble Start: 10:00 am Meet: Yokes at Sprague and McDonald. Distance: <20 mph Terrain: flat. Group stays together. Description: ***This might become a ski/snowshoe trip***, depending on road conditions. See ski/snowshoe section below. Eat: bring pocket snacks. Leaders: Sheila and Frank Ping, 924-1814. Check with leaders to find out if the bike ride becomes a ski trip.

February 17 Spangle with some unpaved roads Start: 10:00 am Meet: Caffè Capri in Browne's Addition, 2001 W. Pacific. Pace: 10-12 mph Distance: 40 miles Terrain: rolling hills. Description: Spangle via backroads/dirt. Regroup at turns. Eat: Spangle. Bring pocket snacks. Leader: Charlie Greenwood, 624-8617

February 24 Elder Road Rollers Start: 10:00 am Meet: Great Harvest Bakery, 29th & SE Blvd. Pace: 10-12 mph. Distance: 25 miles Terrain: a dozen short, steep hills on unpaved dirt and gravel. Regroup at turns. Description: Palouse Hwy and Elder Road rollers. Eat: Chili and homemade cinnamon rolls at Sally's house after the ride. Leader: Sally Phillips 448-6271

March 3 Rathdrum Loop Start: 10:00 am Meet: Liberty Lake Mall, Starbucks area. Pace: 14-15 mph Distance: 50 +/- miles Terrain: Mostly flat to rolling, some mild hills may arise. Regroup as needed. Description: Liberty Lake to Rathdrum and back. Eat: Popeyes? Leader: Bob Bowley 534-5501