

## January - February 2019

### SATURDAY STEADY TO BRISK Ride Schedule

#### **Note: Saturday Rides and Winter Weather**

*We're tough, but not altogether fond of hours of discomfort. If the roads are snowy, call the leader to confirm that the ride is happening*

**Jan 5 Bike and Hike in Dishman Hills area** Start: 10:00 a.m. Meet: Starbucks on 57<sup>th</sup> Pace: 12+ Distance: 11 Terrain: hilly Description: Short bike ride to Dishman Hills' Thierman Rd trailhead. Potential 5 mile out-and-back hike, with distance dependent on weather. Trail is hilly – trekking poles suggested, maybe snowshoes depending on weather. Bring a lock for your bike, as we will lock up at the trailhead entrance. Eat: bring pocket snacks. Leader: Sally Phillips 448-6271

**Jan 12 See snowshoe/ski listing** below. If weather is balmy, a bike ride might happen rather than a snow listing. Call leader if in doubt.

**Jan 19 Ben Burr, Iron Bridge, CT etc.** Start: 10:00 a.m. Meet: The Shop, 924 S. Perry Pace: 14 Distance: @17 miles Terrain: mostly flat Description: Ride Ben Burr Trail, connecting with Iron Bridge via newly paved street, CT thru town to Military Cemetery, then back via University Bridge, Sherman, Arthur. Eat: bring snacks Leader: Sally Phillips, 448-6271

**Jan 26 See snowshoe/ski listing** below. If weather is balmy, a bike ride might happen rather than a snow listing. Call leader if in doubt.

**Feb 2 See snowshoe/ski listing** listed below.

**Feb 9 See snowshoe/ski listing** below. If weather is balmy, a bike ride might happen rather than a snow listing. Call leader if in doubt.

**Feb 16 Spangle with some unpaved roads** Start: 10:00 a.m. Meet: Sandifur Bridge parking lot at Clarke and Riverside. Pace: 10-12 Distance: 40. Terrain: rolling hills. Description: Spangle via backroads/dirt. Regroup at turns. Eat: Spangle. Bring pocket snacks. Note: If there is snow on the ground, call leader - this may turn into a ski trip. Leader: Charlie Greenwood, 624-8617

**Feb 23 Elder Road Rollers** Start: 10:00 AM. Meet: Great Harvest Bakery, 29<sup>th</sup> & SE Blvd. Pace: 10-12 mph. **Distance:** 25. Terrain: a dozen short, steep hills on unpaved dirt and gravel. Regroup at turns. Description: Palouse Hwy and Elder Road rollers. Eat: Chili and homemade cinnamon rolls at Sally's house after the ride. Leader: Sally Phillips 448-6271

**Mar 2 Old Trails, Pine Bluff on dirt roads** Start: 10:00 a.m. Meet: Sandifur Bridge parking lot at Clarke and Riverside. Pace: 10-12 Distance: : 45 Terrain: hilly Description: Old Trails to Pine Bluff. Dirt road alternative to Four Mound Prairie. Return on South Bank and Inland Roads. Eat: Tin Cup Map: Follow the leader or: <https://www.strava.com/routes/15982319> Note: If there is snow on the ground, call leader - this may turn into a ski trip. Leader: Charlie Greenwood, 624-8617

## **NON-SBC ACTIVITIES:**

*These activities are being organized by bike club members, but are NOT being sponsored by the Spokane Bicycle Club. The activities are NOT covered by the Club's liability insurance.*

***Participate at your own risk.***

**Jan 12 Snowshoe/ski trip** Start: 9:30 a.m. Meet: Rocket Bakery in Millwood. Description: If it's snowy, the planned bike ride will morph into a snowshoe trip. We will carpool for snowshoeing on Mt. Spokane. Eat: Bring snacks & water. Leader: Sheila and Frank Ping, 924-1814. Call leader to confirm activity depending on snow/weather conditions. Really mild weather might change activity to a short bike ride.

**Jan 26 Snowshoe/ski trip** Start: 9:30 a.m. Meet: Rocket Bakery in Millwood. Description: If it's snowy, the planned bike ride will morph into a snowshoe trip. We will carpool for snowshoeing on Mt. Spokane. Eat: Bring snacks & water. Leader: Sheila and Frank Ping, 924-1814. Call leader to confirm activity depending on snow/weather conditions. Really mild weather might change activity to a short bike ride

**Feb 2 Snowshoeing on Mt Spokane.** Start: 10:00 a.m. Meet: Rocket Bakery on N. Argonne Road. Carpool if possible. Description: Snow Park permit req'd. Eat: Bring sack lunch. Leader: Steve Sauser 499-6567

**Feb 9<sup>th</sup> Snowshoe/ski trip** Start: 9:30 a.m. Meet: Rocket Bakery in Millwood. Description: If it's snowy, the planned bike ride will morph into a snowshoe trip. We will carpool for snowshoeing on Mt. Spokane. Eat: Bring snacks & water. Leader: Sheila and Frank Ping, 924-1814. Call leader to confirm activity depending on snow/weather conditions. Really mild weather might change activity to a short bike ride