

2

Table of Contents	
Spokesman Article	1
Board, Staff and Meetings	2
Letter from the President	3
	6
	12
	14
	na
Government Affairs	10
	22
SBC Sponsors	16

Spokane Bicycle Club helps Cyclists Find Routes in Region



Hello, Bicycle Club members! Don Barden, Sally Phillips and I compiled a sample list from the myriad of routes tried out and repeated over the years by various SBC cyclists.

The list mentioned in the article below is only meant to be a sampling of what's out there. We know some of you have more treasured routes not included in this listing. As you can see, our usual terse format was relaxed a little allowing for more description of the area, hoping to draw in "newbies" who are buying and trying out their newly purchased bicycles.

Spokesman article, August 20, 2020 Jun 19, 2020

Feeling cooped up these days? A lot of folks are. The pandemic and need for social distancing have affected all of our normal routines, including the need for exercise and group activities.

continued on page 15

2020 Board of Officers	
President	Jim O'Hare (509-251-4474) jolmhcATgmail.com
Vice President	
Secretary	Hershel Zellman 509-536-7745 zellpeopleATcomcast.net
Treasurer	Sally Phillips 448-6271 phillips1948ATcomcast.net
Board of Directors	
Position 1	Bill Olsen (509-679-1962) bjolsen54@gmail.com
Position 2	Susan Strong 990-8877 sublstrongAToutlook.com
Position 3	Scott Schell 954-6788 cshellwsATcomcast.net
Position 4	Russ Peters (907-268-7453) Rhp.oldpupupATcomcast.net
Ride Coordinators	
Monday	Don Barden 206-450-3576 donald.bardenATgmail.com
Monday	Elaine Mayes 922-1033 victoriamayesATmac.com
Monday	Jan Whaley 448-5645 whaleyj2618ATcomcast.net
Tuesday	Sharon Morrison 710-5650 morrisonranch@ptera.net
Team	Lila Meglio 509-378-8665 lfs452ATmsn.com
Thursday AM	Amina Giles 467-1980 ridinusa2002ATyahoo.com
Friday Women's	Eileen Hyatt 475-9328 embicycleATAol.com
Saturday Steady	Sally Phillips 448-6271 phillips1948ATcomcast.net
To Brisk	Mary and T.J. Badger 467-8099 badgermaryAThotmail.com
Pick Up Rides	Cyrus McLean 509-838-0649 cyrusmclATyahoo.com
STAFF	
Ride Coordinator	Susan Strong 990-8877 sublstrongAToutlook.com
Newsletter Editor	Dave Noonan 220-6327 dnoonanjAToutlook.com
	David Whipple 922-2719 dpwhipATgmail.com

Staff	
Ride Coordinator	Susan Strong 990-8877 sublstrongAToutlook.com
Newsletter Editor	Barbara Beaton 590-3814 Bbeaton4769ATgmail.com David Whipple 922-2719 dpwhipATgmail.com
Programs	Jim O'Hare 251-4474 jolmhcATgmail.com Scot Schell 954-6788 cshellwsATcomcast.net
Member- ship	Rick Peller 624-7060 rfpellerATcomcast.net
Web Master	Paul Swetik pswetikAThotmail.com
* "AT" replaces @ so that the emails cannot be scammed. To use, copy and paste then replace the "AT" with "@".	

Board Meetings

First Tuesday of every even month

Location: REI, 1125 N Monroe St, Spokane, WA 99201 (509) 328-9900 Zoom

General Meetings:

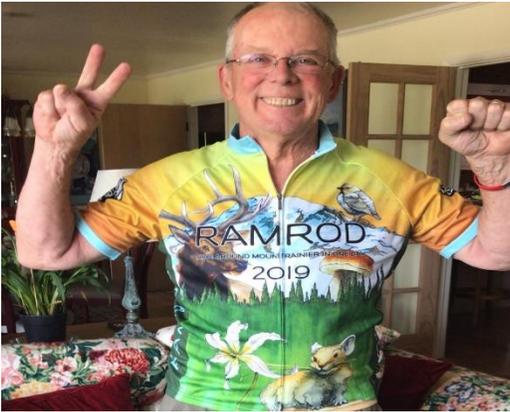
6:30 PM (unless otherwise noted), Second Monday of Every Month (except June, July and August)

Mountain Gear Headquarters
6021 E. Mansfield, Spokane, WA

TBD

Click [HERE](#) for map

Letter from the President



Greetings to All,

Summer is slowly leaving us and soon the mild weather of Autumn will be upon us. Autumn is a great time for bicycling with cool mornings and warm afternoons and possibly less people on our favorite routes. Or maybe more people since our immediate future and COVID-19 continues to be very unpredictable. Either way I hope you are finding time to ride your bike.

A large shout out to Susan Strong, Don Barden and Serge Bulan on their recent work of organizing rides based on the type of ride, flat to hilly, accompanied by known routes

for each type of ride. I hope you have taken advantage of these opportunities for solo or small group rides. More from Susan is this Newsletter about the rides.

The SBC Board met via Zoom in August. Minutes from the meeting are in this Newsletter.

The Board decided to cancel two planned tours. One tour was in Canada, the other in Colville. The Board did not believe the COVID-19 restrictions would be at a level that permitted larger group gathering at the time of the Colville tour. It was also expected that the border between Canada and the USA would not be open by the end of August for the tour in Canada. The Board is hopeful that both of these tours can be offered next year.

The Board also decided that SBC Leader-Lead Rides would not be offered in August and possibly not into September as well. The Board did encourage SBC members to gather in small, safe numbers with proper social distancing and ride their favorite routes and post photos from such rides on the SBC Facebook site.

Speaking of which I hope all of you who read the Spokesman Review took pleasure and delight in reading Rich Landers article on Sharlene Lundal and her ride from Mullan, ID to Bozeman, MT. If you missed it, you can read it by clicking on this link:

Rich Landers: Grandma dons mask, mounts bike for 325-mile trip out of her rut.

<https://www.spokesman.com/stories/2020/aug/21/rich-landers-grandma-dons-mask-mounts-bike-for-325/>

On the local activities level, I was asked to participate on the Fish Lake Trail Public Advisory Committee, along with several other trail groups in the area, by the City and the engineering and consulting firms involved in the planning. The City of Spokane is envisioning connecting the Centennial Trail to the Fish Lake Trail. The first advisory meeting was held on July 8th. There will be two more Advisory meetings, one in September and another in December of this year. At this point in time there are three possible connecting routes being considered. I will hopefully have more to report in the next Newsletter.

The Annual SBC banquet is scheduled this year for Saturday, November 7th at Mukogawa Ft. Wright Banquet. At this time, it is uncertain if Mukogawa banquet facilities will be open. Of course, it also uncertain if larger gatherings will be allowed by that time.

Finally, the general meeting for SBC will begin again in September. Since large gatherings are not permitted a ZOOM presentation has been arranged. Colin Quinn-Hurst, City of Spokane

4

Pedestrian and Bicycle Planning will be the speaker. The meeting will be at 6:30 pm on Monday, September 14th. I will email to all the information necessary to log on to ZOOM. Colin will speak about the current activities and plans regarding the City of Spokane and bicycling.

I hope you will all be able to sign in and listen.

Be safe, be well, see you on the road.

Thanks

Jim

Spokane Bicycle Club Board Meeting

August 4, 2020

Zoom

Board Members Present: Jim O'Hare (President), Bill Olsen (Immediate Past President), Sally Phillips (Treasurer), Hershel Zellman (Secretary), Susan Strong, Scott Schell, and Russ Peters.

Board Member Absent: No one.

Quorum Achieved: Yes

Call to Order: at 6:05 pm by President Jim O'Hare.

Minutes of the June 2 Board meeting were approved without additions or corrections.

Treasurer's Report:

Sally presented the most current Cash Flow and Account Balance reports (see Appendix A and B). Notes: Very little activity in the account since last meeting. We did receive a \$149 refund from insurance because of cancellation of Club-sponsored rides due to the Corona Virus pandemic. Also, dues revenue continues to lag from last year (\$500), which coincides with a loss of 38 members (total Club membership = 221). Because of decreased expenses our bank balance of \$17,700 is \$1100 greater than this time last year.

President's Report:

- A. Club Sponsorships: When Jim learned that SpokeFest's financial health wasn't so good, he decided not to pursue asking for their usual \$100 sponsorship donation to the Club.
- B. General Meetings: Even if Spokane County got to Stage 3 reopening by September, the REI community room wouldn't be large enough to ensure physical distancing, but Pastor Starbuck offered the meeting room in his church (Manito Presbyterian), which could accommodate our group. Jim is not optimistic that Spokane County will be in Phase 3 by then, so is planning on a Zoom formatted meeting and has a speaker already in mind. The Board supports this idea and suggests that Jim contact Pastor Starbuck to accept his invitation and hold our general meetings in

his church once Spokane County achieves Phase 3.

- C. SBC Annual Banquet: Mukagowa is reserved for Friday, November 6. At this point the facility isn't opened for gatherings. Hard to predict what the situation will be by Nov 6. The Board is OK with waiting to commit until our October meeting; sooner if we need to.

Old Business:

- A. 2020 Bike Tours (Russ): With the pandemic even more wide-spread and the border with Canada still closed, Russ suggests that the Club cancel its tour in B.C. for later this month. Because the situation is unlikely to change for the foreseeable future, it was M-S-P unanimously to cancel the B.C. tour this month and the Colville tour next month. Russ will contact Amina, who was to lead the Colville tour. Russ will also arrange for Club website and Facebook post to alert Club members about this decision. The Board is hopeful that the 3 tours cancelled this year could be resurrected for the 2021 cycling season.
- B. Bike Everywhere Month (Sally): This event was to occur last May. But the pandemic necessitated a change of plans. So, rides that were to occur were advertised so people could do them on their own, and all the social events associated with Bike Everywhere month were moved to September to follow the rescheduled Bloomsday Run. It was recently announced that Bloomsday will go virtual. Sally is not sure of the fate of Bike Everywhere. She will convene her committee on Zoom and brainstorm with them before making a decision.
- C. Resumption of Leader-led Rides (Susan): The plan to resume Club-sponsored rides this month is untenable, given the persistence of the pandemic. Susan recently polled the Ride Coordinators who uniformly agreed that now was not the time to resume leader-led rides. The Board directed Susan to inform the Ride Coordinators that leader-led rides will continue to be on-hold at least thru the end of September.

New Business:

- A. Alternatives to Leader-Led Rides: Susan initiated this discussion. The Board basically agreed to posting a "Ride of the Week" on our website and Facebook page. The rides would be pulled from the Club's database and the descriptions would include route, distance, terrain, maps, and perhaps pictures taken by Club members. The Board hopes that such info will be a motivator for Club members to try routes they've not done before, and attract new people to the Club. Susan will create a couple of descriptions and send them to Board members for their input, before posting anything online.

B. Research Project: Jim just received an email from Brandon McNabb, a graduate student at the University of Notre Dame, whose capstone research project is to learn “where the cycling industry can improve and where there are areas to innovate.” He would like Club members to participate in a survey he created. The Board gave permission to Jim to distribute the survey link to all the Club members.

Adjournment: 6:50 pm.

Respectfully submitted by,
Hershel Zellman, secretary

Next Meeting: Tuesday, October 6, 2020, 6 pm, via Zoom

APPENDIX A

CashFlow-YTD
1/1/2020through 8/4/2020

8/4/2020

Page 1

Category Description	1/1/2020- 8/4/2020
INFLOWS	
Donation	60.00
Member Dues	2,260.50
Newsletter Surcharge	240.00
Refunds	149.14
Sponsorship Income	1,000.00
TOTAL INFLOWS	3,709.64
OUTFLOWS	
Bank Charge	43.31
Donation Outflow	200.00
Equipment	106.34
Insurance	1,526.43
Memberships	
Bicycle Alliance of Washington	100.00
League of American Bicyclists	100.00
TOTAL Memberships	200.00
Misc Exp.	10.00
Newsletter Exp.	
Other Newsletter Exp.	109.75
TOTAL Newsletter Exp.	109.75
Rent	
Other Rent	53.00
TOTAL Rent	53.00
TOTAL OUTFLOWS	2,248.83
OVERALL TOTAL	1,460.81

APPENDIX B

Account Balances as of 8/4/2020

I

Page 1

Account	8/4/2020 Balance
Bank Accounts	
12 month CD	0.00
Bank of America Savings	0.00
BAW Contributions	0.00
Centennial Trial Contributions	0.00
Checking Bank of America	0.00
Sponsorship	5,815.98
STCU Checking	11,875.39
TOTAL Bank Accounts	17,691.37
OVERALL TOTAL	17,691.37

Government Affairs

Bike Everywhere social contact events have been canceled for 2020, due to ongoing uncertainty about COVID-19. Originally, events including a pancake breakfast, energizer stations, Ride of Silence, and pizza part, were moved from May to September, set to follow Bloomsday and the Washington Bike Summit. Bloomsday went virtual. The Bike Summit was moved to Oct 5-9, and is totally online this year. Bike Everywhere will try again with social events in May 2021. One event that still remains: LovetoRide's September challenge. Join the Spokane Bicycle Club group and see how you are doing in relation to other SBC members. Details are at: www.lovetoride.org/washington.

So, SBC group rides have officially been canceled. I've been respecting our Health Dept's advice, and been doing a lot of solo riding this Spring and Summer. I plan where I am going but also feel free to improvise – no need to meet advertised expectations. I've also noted maintenance issues to bring to various cities' attention. In case you have noted a hazardous or puzzling issue, here's how to contact authorities:

- City of Spokane: call 311 The operators are set up to take calls for the street department. You need to provide the location. If reporting a pot hole, they want you to classify it according to depth of the hole. You can call 311 later to get an update on your report.
- City of Spokane Valley: <https://www.spokanevalley.org/311> – report an issue via an online form to complete. You get a confirming email, acknowledging your concern.
- Spokane County pothole line <https://www.spokanecounty.org/860/Pothole-Repair> also 477-2547

Note that the **Appleway Trail** is now continuous from University to the east end of Spokane Valley.



I have been loving every new segment of this trail, as it's solved one of my bigger cycling issues – getting from the South Hill to east Spokane Valley and to Liberty Lake. One concern I had recently was the crossing on the Trail at Sullivan, coming from the east. I happened to be there during a busy time of day, with stacked up traffic filling the east lane I intended to cross. Yellow warning lights were flashing. Eventually cars in the two northbound lanes stopped for me. Yet, I was concerned about having no line of sight to check for cars in the two southbound lanes. I wondered what to safely do, but was feeling like I ought to acknowledge the stopped cars in the east lanes, and cross to get out of their way. Well, I inched forward, saw that traffic was stopping in the

southbound lanes and crossed without incident. It got me wondering so I called Spokane Valley, which led me first to the Parks Dept, then to staff telling me how to reach the proper traffic engineer, then to the engineer himself. This all happened within a few hours of my initial contact – an impressively speedy response.

And, what advice did Engineer Ryan Kipp have? Make sure traffic has stopped for you, then proceed. He suggested walking a bike across street, or at least, slowing down when making the crossing. In the example of Sullivan, where there are 4 lanes and quite a bit of traffic, it might be necessary to cross to the 10-foot wide diagonal island in the middle of the street, and wait for traffic to clear for the other half of the crossing. The island is built to accommodate a bike, and there is a button to re-activate the warning lights, if needed. Ryan mentioned that there is better motorist compliance with the RFB flashing yellow rather than the Hawk light which has a red signal. Here's a link describing responsibilities of bike/peds and motorists at HAWK lights:

https://www.spokanevalley.org/filestorage/6836/6896/6914/8307/HAWK_signal_brochure.pdf

Bicycle Advisory Board

The City of Spokane BAB meets monthly on the third Tuesday of the month, 6 PM. Due to COVID, it's been meeting remotely since March. Lots of meeting information is online at:

<https://my.spokanecity.org/bcc/boards/bicycle-advisory-board/> The **agenda** section has accompanying information in support of presentations. The agendas also have webconferencing info, in case you would like to participate remotely on upcoming proceedings. Expect to see the agenda in place about one week before the meeting. 'General public participation is definitely welcome'. A recording of past meetings can be requested from the City liaison, Colin Quinn-Hurst Colin Quinn-Hurst cquinnhurst@spokanecity.org 509.625.6804

The BAB weighed in on whether City code should be changed to no longer require cyclists to wear helmets. The topic came up with the introduction of Lime Bikes, where an exception to the helmet requirement was created for Lime users. That made for very awkward enforcement of the Code for other cyclists. The Association of Pedestrian and Bicycle Professionals provided a letter, **advising against laws requiring use of helmets**. The reasoning:

'In U.S. cities, the increase in bicycling trips has not only led to a reduction in crash and fatality rates, but even as the number of miles bicycled increased, actual numbers of crashes and fatalities have decreased. A 2008 study in New York City found that in 1998, the city had an average daily ridership of 80,000 people and over 9,000 bicycle crashes and fatalities combined. In 2008, the city had an average daily ridership of 180,000 bicyclists but had less than 3,000 bicycle crashes and fatalities.'

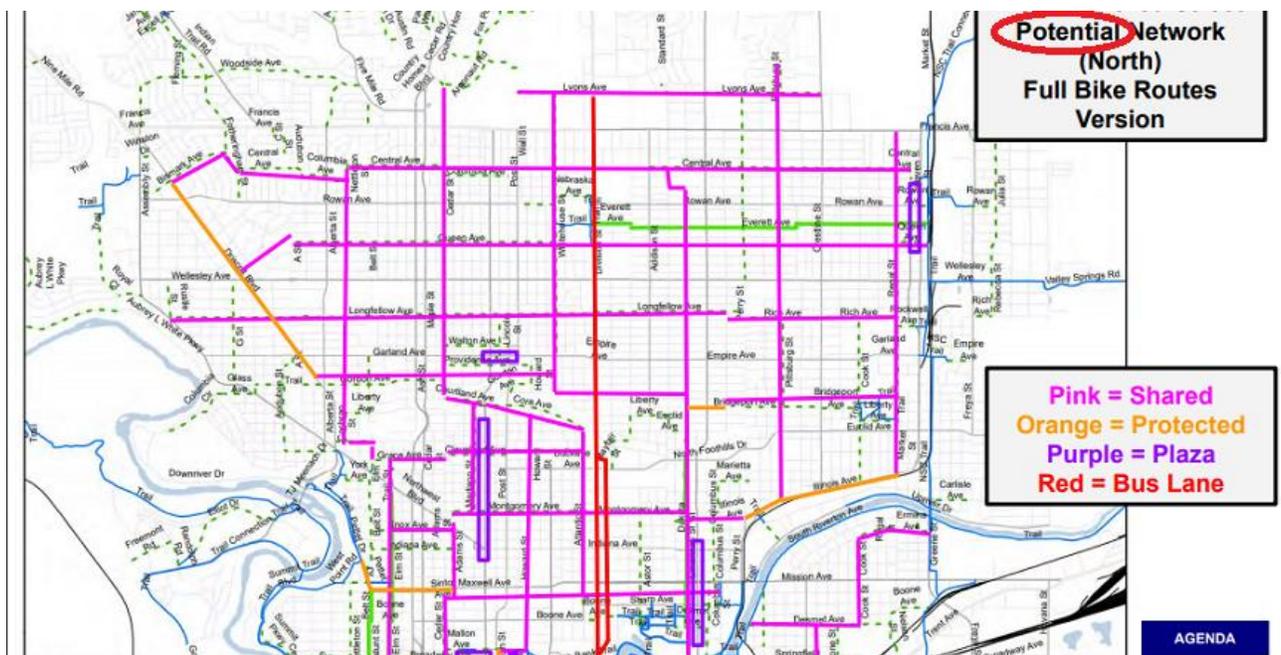
Studies have shown that requiring helmet use decreases the number of cyclists on the road, both reducing amount of exercise people get and reducing the protective effect of having lots of cyclists on the road. **The BAB unanimously voted to support removing the mandatory bike helmet law from City Code**. Next step is for consideration of this change by the appropriate City Council subcommittee.

Fish Lake Trail – Centennial Trail

A stakeholder meeting, *which included 2 SBC'ers*, happened in July to work out criteria for evaluating the 4 route options for connecting these trails. The 4 routes include: using Government way, with sidewalk improvements; 2 routes through High Bridge Park, using portions of the dirt

access road; and, along the east side of Hangman Creek, crossing at the 11th Ave Bridge. There will be another stakeholder meeting in early September and a third in December. The time between meetings will be spent working out alignment details. Public meetings will be in between stakeholder meetings, giving the public a chance to get involved. Nathan Arunson, who is managing the project said *“The public will be invited to participate in a follow-up meeting in October to take input on the preferences coming out of the technical evaluation, stakeholder engagements and public feedback. The next public meeting will be advertised through the common methods for getting the word out, and prominently will be advertised on the project web page, [here.](#)”* Check that site, if you are interested in participating. Notes from the first stakeholder meeting are also located at the same site, plus **maps** of the routes under consideration.

BAB member Jessica Engelman has been engaged in developing a **crowd-sourced map of low-stress cycling routes**. Here is one map from her BAB presentation.



Jessica cautions: This is a work in progress. *‘Okay to share these, as long as you emphasize that these are only sample maps of what a network of slow/shared streets could look like. For selecting the actual network we’d want to include residents and neighborhoods input, for a bottom-up rather than top-down planning approach, and prioritize rollout in areas with the highest need and willingness. Tentative or not, these maps have helpful tips for folks like me who don’t know the north side too well.*

The City brought to the BAB **changes it proposes to street design standards**. Here’s the document.

<https://static.spokanecity.org/documents/projects/street-design-standards-update/street-design-standards-draft-v10-july30-2020.pdf>. It will be up for hearings in September and October. Some examples of items in the design include: instructions on things to consider when bike lanes and parking lanes are adjacent, and when to consider bikes lanes next to the curb, with parked cars protecting the bike lane; greenway elements defined; design priorities: *‘Implementation of planned*

bicycle routes should be prioritized whenever reconstruction or preservation work is conducted, and new development should consider implementation of bicycle facilities to appropriately tie into the planned or existing network.'

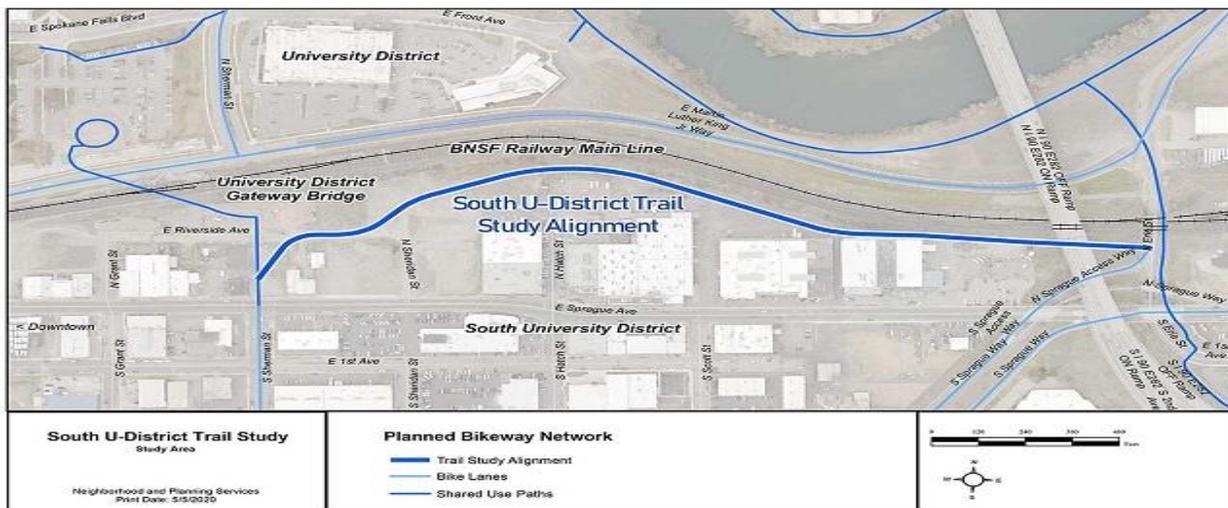
Re: CT, Riverfront Park detour alternative to Post St Bridge. City has planned a **two-year protected bike lane on Lincoln** providing a safe route for CT users moving between Kendall Yards and Riverfront Park. Cost of the project came in over budget. According to Colin Quinn-Hurst, “

Right now, we are exploring options that could either find other funding or reduce the project to the available budget to address the most critical areas of the detour. We should have more information in the next week [ie early September] about options, but unfortunately it is looking less likely that this particular project would move forward this year.”

North Bank Bikeway proposal

This Comprehensive Plan proposal is to reduce Boone to one car lane each direction and to add bike lanes from Lincoln to Atlantic. See details at: <https://my.spokanecity.org/projects/north-bank-bikeway-proposal/> The project is accepting comments which can be sent to bankbikeways@spokanecity.org

Take a look at the **South University District proposed bike/ped path**.



<https://my.spokanecity.org/projects/south-university-district-trail-feasibility-study/> Remember that this project got started after the U-district bridge opened and users expressed concerns about connectivity to the east. Building a trail would involve getting some railroad right of way – a slow business.

BITS

The Washington State Dept of Transportation is sponsoring in-person bike and ped counts in October. Cascade Bicycle Club provides the logistics. Traditionally the count involves 400 locations and a host of volunteers, each donating a couple hours. This data supplements the permanent counters installed in the state. Program details/to volunteer : <https://cascade.org/advocate/making-bikes-count>

- There are 671 miles of trails in Spokane County (per Spokane County's Paul Knowles) See

maps at: <https://www.spokanecounty.org/1406/Trail-Maps> and <https://my.spokanecity.org/parks/trails/>

- Centennial Trail news concerning Argonne and Upriver Drive intersection. Per Friends director, Loreen McFaul, *'Conversations have re-started at Spokane County about how to make the intersection safer for Centennial Trail users, kids walking to/from school, etc. We added the County Transportation Designer to our Board, and his goal is to move this gap project forward. Fingers crossed!'*
- WSDOT Children of the Sun news. Bike coordinator Jerry Compton said *' We are still working on finalizing the alignment of the trail south of the Spokane River. The technical team that is helping with this effort: City of Spokane, STA, and local trail users. We will engage with the community about the remaining 3 options later this fall/winter. The walkways over I90 are also yet to be determined.* In August, the stakeholder group voted on decorative elements of the North/South freeway, especially in the elevated section It will be pretty. Details at: https://www.wsdot.wa.gov/publications/fulltext/GIS/NSC/2020/NSC_Arch_Features_Mission_Carlisle.pdf
- Last spring Washington passed a new safety stop law that goes into effect October 1st to allow the "safety stop" for bicyclists. Basically this means that cyclists can treat stop signs as yield signs when there isn't traffic on the street they are crossing. See more at <http://wabikes.org/2020/03/18/an-intuitive-new-law-the-safety-stop-is-coming-to-washington/>.



Sally Phillips

The Spokane Bicycle Club is in a moratorium period due to COVID-19 gathering restrictions, but, members compiled several lists available to the general public on its website of self-guided bike rides.

Interested riders can visit the club's website and scroll down to an entry entitled "September-October Regional Ride Possibilities." There you'll find links to four lists the SBC Board has chosen for safely riding during the COVID-19 period.

The ride descriptions are in four document pages, one per each category of terrain.

For the beginners or folks with children, the "mostly flat" section has several options on Centennial Trail in Washington and Idaho. The "hilly" section details tougher rides that even experienced cyclists will find challenging.

The "local rides" link provides still more options for folks willing to explore the region via bicycle.



Please consider giving your business
to the following SBC sponsors
~ PLATINUM ~



~GOLD~



~ SILVER ~



Your Adventure Starts Here
MOUNTAIN GEAR